

FAQ

What is the goal of the Utah Crisis Counseling Program?

The goal is to develop infrastructure in Utah to effectively respond to the psychological consequences of terrorism and natural disasters. It certifies individuals as crisis counselors to provide psychological support for individuals and families in crisis.

Who manages and arranges training to certify individuals as crisis counselors?

The Division of Substance Abuse and Mental Health.

Who funds the Crisis Counseling program?

Grants made to the Department of Human Services, Division of Substance Abuse and Mental Health through the Utah Department of Health and other agencies.

Who collaborates with the Division of Substance Abuse and Mental Health in this effort?

Both state and federal agencies such as the Department of Health, Federal Emergency Management Agency, The Center for Mental Health Services, Department of Justice and other agencies to promote active mental health supports.

Who is Crisis Counseling Certification Training designed for?

Case Managers, paraprofessionals and mental health professionals who have or will accept the challenge to provide crisis counseling in disaster events.

What is taught at the training?

It will teach the participants who's who in the federal response plan and disaster declaration process, the state's and community mental health role, key concepts of disaster behavioral health, phases of disaster, avoiding burnout and practical and effective interventions to help behavioral health crisis counselors assist survivors following a disaster or bioterrorism event.

How can I become a Crisis Counselor?

There are three steps to becoming a Crisis Counseling for the State of Utah.

- 1) Go to utahresponds.org and complete your profile 100%. Select the Utah Crisis Counseling Program dropdown.
- 2) Email a head shot photo to caraymond@utah.gov or have the Utah Health Department take your photo at a Crisis Counseling Training for your ID badge
- 3) Attend a Crisis Counseling Training.

How often are Crisis Counseling Trainings held?

Trainings are held one time each year, generally the 4th Monday of May. Check our events calendar at dsamh.utah.gov

How often must I attend a Crisis Counseling Training?

Certification is good for 3 years. However, there is no restriction on how often a person attends.

For more information contact Robert Snarr@ rsnarr@utah.gov or 801-538-4080